

STUDENTS' ANXIETY IN ENGLISH LEARNING PROCESS

Ones Kurniawan Santoso

112013014

Abstract

The study aims at examining the factors influencing the students' anxiety in foreign language classroom as well as the strategies to cope with it. In this study, quantitative data from 65 participants of three classes of eleventh grade in SMA Kr. Satya Wacana Salatiga were collected to investigate factor contributing students' anxiety and their strategies to cope with the anxiety. A closed ended questionnaire was used to collect the data. The data was classified into sixteen categories, and those categories were narrowed into three major findings. The result showed that the lack of preparation, confidence, and peers' behavior were the most contributing factors to students' anxiety. Working in groups, preparation, and relaxation were the most preferable strategies to cope with the students' anxiety. This study will be beneficial for teachers to find out the factors contributing the anxiety, so that proper strategies could be utilized in the future.

Keywords: Students' anxiety, EFL, anxiety factor, strategy

